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Editorial

We continue with the fifth edition of the journal *Psychology Research*, consolidating the publication in the hope that previous issues have been of interest to researchers in the area. I would like to thank the team that makes up this magazine for their involvement and effort, as well as the authors who have sent their work, so that this fifth issue has gone ahead.

We begin the current issue with an investigation in which a review of the concept of resilience and its implications in practice is carried out. For this, an analysis of different intervention programs aimed at families with adolescent sons and daughters and who show behavioral problems is carried out. Next, a positive parenting program is presented for the prevention and promotion of parenting skills to support positive parenting and promote an improvement in the level of resilience and emotional well-being in fathers and mothers.

The following contribution deals with bullying, either in the form of bullying or mobbing as violent and intentional conduct aimed at causing damage. The article also provides data on the prevalence of this problem, both in other countries and in Colombia. The purpose of the research was to study the effects of a social acceptance program based on resilience in a group of students. The results indicate the positive reduction of aggressive behavior among peers and rejection behaviors that maintained bullying and mobbing after the intervention carried out.

The purpose of the third article is to guide good practice and avoid ethical sanctions in the professional practice of the forensic psychologist. To do this, it delves into the fundamental requirements that should be taken into account in the preparation of forensic psychological reports in the family sphere in cases of custody and parental authority. The article is based on data derived from scientific and legal research, which allows identifying the psychoemotional consequences in families that have suffered a marital breakup. In addition, it explores the limitations, the scope of practice, the evaluation tools, as well as the legal characteristics of family law and introduces an expert report model derived from good practices in this context.

From another point of view, the following article analyzes the strategies of cognitive behavioral therapy in bariatric surgery patients as the most effective treatment for morbid obesity. Since the psychology professional is a fundamental part of the multidisciplinary team involved, and cognitive behavioral therapy has been the branch most used by these professionals, the objective of this work is to clarify the effectiveness of the different resources and identify patterns focused on these patients. For this, individual, group and distance intervention strategies were comparatively evaluated, as well as the success and non-success factors in the different modalities and analysis of the effects of psychological comorbidities associated with obesity on the prognosis of surgery.

In fifth place, a study is proposed whose objective was to describe the experience of families with a member living with type 2 diabetes mellitus. To do this, both the meanings that are constructed in the face of the disease experience and the changes in life are explored. Family that involve a new lifestyle as a result of diabetes. The feelings and mood characteristics derived from the disease in the participating families and the impact of perceived family support for a person living with type 2 diabetes mellitus are shown.

Finally, and from another radically different point of view, the issue of restorative methods of conflict resolution as tools for use in justice and in the different spheres of action of society is addressed from a review. This article addresses its specific use for the management of intrafamily conflicts in cases of parental alienation, bringing to light the parental alienation syndrome. It is observed that restorative conflict resolution methods provide new options for effective and efficient support for intrafamily conflicts in these cases.

Dr. Juan Luís Martín Ayala
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